

Treatments performed by Certificate students

Eyelash and eyebrow tinting

Look like you're always wearing mascara and frame your face with more defined eyebrows.

Eyelash tint	\$10
Eyebrow tint	\$5
Eyebrow tidy	\$5
Eye trio (all three above treatments)	\$15

Lash lift

Lift your lashes from the root, to give the appearance of volume, curl and length.

\$35

Manicure or pedicure

Let us pamper you with a manicure or pedicure treatment along with a luxurious hand or foot massage.

\$15 - Add \$5 for a paraffin dip

Facial

Enjoy a luxurious 60-minute facial with active biological ingredients that help your skin preserve its balance and maintain its wellbeing.

\$25

Waxing

Choose from half leg, full leg, underarm, bikini, brows, upper lip or sides of face.

\$5 - \$10 per area

Spray tan

Get that golden summer glow, all year round.

\$15

Treatments available from 28 August

Relaxation massage

Take time out of your busy day and let us soothe those tired muscles.

\$40 - 60-minute full body

\$25 - 30 minute back, neck and shoulder

Makeup application

Look fabulous with a professional makeup application and get advice on the products best suited to your face and eye shape.

\$10

Certificate clinic dates 2023



6 Nov:

Monday 9am - 12pm, 12.30pm - 3.30pm

31 Oct; 14 Nov:

Tuesday 12.30pm - 3.30pm

20 Sep:

Wednesday 9am - 12pm

8 Nov:

Wednesday 9am - 12pm, 12.30pm - 5.30pm

2, 16, 30 Aug; 13 Sep; 18, 25 Oct:

Wednesday 12.30pm - 5.30pm

10, 24 Aug; 7, 14 Sep:

Thursday 12pm - 5pm

19, 26 Oct; 9 Nov:

Thursday 12pm - 4.15pm



Christchurch clinic location

To book your appointment:
treatments@ara.ac.nz

144 High Street,
City campus,
Christchurch



ara.ac.nz
0800 24 24 76

05150 July 2023



Relax, revive and radiate

Beauty therapy treatments at Ara | Te Pūkenga



Enjoy a relaxing beauty treatment, performed by an Ara beauty therapy student under professional supervision.

Please note: treatments are priced according to the experience of the student providing them. Certificate and Diploma students are available at varying times; please refer to 2023 clinic dates as shown in this brochure.

Treatments performed by Diploma students

Eyelash and eyebrow trim

Look like you're always wearing mascara and frame your face with more defined eyebrows.

Eyelash tint	\$15
Eyebrow tint	\$10
Eyebrow tidy	\$10
Eye trio (all three above treatments)	\$30

O Cosmedics Facial

A supercharged 60-minute facial with enzymatic benefits. A great starting out treatment, suitable for all skin types.
\$40 – Add \$20 for Alginate mask or LED

Waxing

Choose from half leg, underarm, bikini, Brazilian, brows, upper lip, sides of face, chin.
\$15 per area
\$25 – Brazilian or full leg waxing (females only)



Consultation and Observ skin analysis

Discuss your skin concerns and tell us what you'd like to achieve. Based on your skin consultation and analysis, your therapist will recommend a tailored treatment plan.

FREE

O Cosmedics Pro Dermal Peel*

Our Pro Dermal O Cosmedic treatments of intense, skinchanging results and a youthful, healthy radiance. This includes a soothing alginate mask plus a décolletage and neck massage or hand and arm massage. Your therapist will analyse your skin to determine your peel treatment and daily skin prescription.

\$70 – Add \$20 for LED

O Cosmedics Advanced Alginate Mask

Hydrate your skin with this electrolyte-infused skin-boosting treatment.

\$20 as add-on only

Microdermabrasion/hydrabrasion*

Reveal a brighter complexion with this non-invasive, deep exfoliation treatment or experience a dry and wet exfoliation that will polish, refine and hydrate your skin.

\$40 – Add \$20 for Alginate mask or LED

Electrolysis hair removal

Please enquire for availability.

LED

Stimulate the skin's natural regeneration process by harnessing the power of light in this targeted, non-invasive treatment. Available as an add-on with any facial treatment.

\$20 as add-on only

Full body exfoliation and mask

Nourish and hydrate with the ultimate 90-minute full body treatment.

\$60

*Note: a complimentary consultation and skin analysis must be completed before this service is provided for the first time.



Treatment available from 6 September

Hot stone massage

Relax as we ease tense, tired muscles by applying smooth, flat, heated stones to the body during this 60-minute treatment.

\$60

Micro needling

Experience rejuvenated, lifted and tightened skin with Dr Pen's advanced micro-needling system.

\$70 – Add \$20 for Alginate mask or LED

Diploma clinic dates 2023



9 Aug, 6 Sep, 11 Oct, 1 Nov
Wednesday, 9.30am - 3.30pm

14 Sept

Thursday, 9am - 11am, 11.30am - 2.30pm