

What the women say?

"She was a great support I could have a good chat about anything."

"Fantastic - I wouldn't do it any other way."

"At the birth she was non-intrusive and helpful."

"Awesome."

What the students say?

"The women that you follow through are really enthusiastic."

"I saw how strong a woman could be."

"It was a privileged place to be, being invited into a woman's process."

"It was empowering, not just for the woman but for me too."

"There are very few careers where you're involved in an experience that is essentially life-changing."

Our Midwifery lecturers

Rea Daellenbach
Lorna Davies
Kelly Kara
Mary Kensington
Kathleen Maki
Karien Orton
Sarah Pallett
Michelle Prier
Julie Richards
Cara Smart
Melanie Welfare



*He aroha whaereere,
he pōtiki piri poho*
Because of a mother's
love for her child,
the child clings to her.

Share your pregnancy

If you're due between
March and October,
you can help educate
the next generation
of midwives.



ara.ac.nz/midwifery
0800 24 24 76

ara.ac.nz/midwifery



Every pregnant woman has her own unique experience of pregnancy, labour, birth and parenting. Sharing this time with a student midwife provides a valuable opportunity for them to appreciate the individuality of women and their families/whānau.

Our students and what they do

Our midwifery students are women of varying ages and life experiences who are completing a three-year Bachelor of Midwifery.

When you and your family agree to share your experience with a first-year student, they gain essential insights into pregnancy, labour, birth and early parenting.

The student will mainly observe your midwife. With her support, she may also carry out basic midwifery tasks.

A midwifery lecturer is assigned to each student; she is available to discuss any issues and answer any questions you might have.



What are the benefits of participating?

- Your student can provide you with additional support.
- She can be someone to talk to about the joys, challenges and realities of this special time.
- You help educate and influence future midwives.
- You determine how much you share with the student and how they're involved.
- If you change your mind about having a student involved, this won't affect your care.

Interested?

Fill in the form opposite and mail it to:

Freepost 161
Ara Institute of Canterbury,
PO Box 540
Christchurch 8140

or email your details to deptofhealthpractice@ara.ac.nz and we'll give you a call.

Alternatively, you can contact:

Christchurch/Canterbury
Michelle Prier
021 274 8383 | michelle.prier@ara.ac.nz

Nelson/Marlborough
Julie Richards
021 277 8325 | julie.richards@ara.ac.nz

South Canterbury
Cara Smart
021 195 6132 | cara.smart@ara.ac.nz

I would like to find out more about having a midwifery student involved in my childbirth experience

Name _____

Address _____

Contact phone numbers _____

Estimated birth date _____

Age/s of other children _____

Lead maternity care midwife _____

Intended place of birth _____