



# Nursing study and careers

Frequently asked questions



**Ara**

Institute of Canterbury

Ara rau, taumata rau

### What nursing-related qualifications does Ara offer?

- Diploma in Enrolled Nursing
- Bachelor of Nursing
- Bachelor of Nursing & Master of Health Science (in partnership with the University of Canterbury)
- Graduate Certificate in Nursing
- Postgraduate nursing and health programmes

### If I study nursing, what can I become?

- An Enrolled Nurse
- A Registered Nurse
- A nurse practitioner

### What areas of nursing could I work in?

- Bone marrow transplant
- Cancer nursing
- Care of sick children
- Community nursing
- Coronary care
- District nursing
- Drug and alcohol
- Emergency department
- Forensic nursing
- Intensive care
- Medical nursing
- Mental health nursing
- Nurse educator
- Occupational health
- Operating theatre
- Plastic surgery
- Practice nursing
- Public health nursing
- Research
- Surgical nursing
- Women's health

### Where do you teach your nursing programmes?

We deliver all nursing programmes in Christchurch. In Timaru we deliver the Bachelor of Nursing. We also deliver some nursing programmes either partially or fully online.

### What facilities do you have?

We have modern, well-equipped classrooms for tutorials and clinical simulation suites in Christchurch and Timaru.

### What student support do you provide?

- Academic support
- Accommodation
- Careers and employment
- Childcare
- Disability services
- Health centre and counselling services
- International student support
- Library and learning resources
- Māori and Pacific support
- Recreation centre, student clubs and groups
- Scholarships and financial help
- Student advocacy
- Student support advisors



### What does an Enrolled Nurse do?

An Enrolled Nurse (or EN) works under the direction of a Registered Nurse (RN) to deliver care to people in community, residential and hospital settings. ENs are registered with the Nursing Council of New Zealand and can work in all areas of health.

### Tell me about the New Zealand Diploma in Enrolled Nursing programme

This is a full-time, Level 5 qualification that takes 18 months to complete and includes 900 hours of clinical practice in a variety of health settings.

### The programme covers:

- Nursing as a discipline
- Applied structure and function of the human body
- Applied social science
- Clinical skills
- Rehabilitation
- Acute care
- Mental health

### What are the practice areas Enrolled Nurses can work in?

- Aged care/dementia
- Community health
- Acute health
- Rehabilitation
- Mental health



## What are the entry criteria for the New Zealand Diploma in Enrolled Nursing?

You must have achieved:

- NCEA Level 2, including 12 credits in NCEA Maths Level 1

OR

- The New Zealand Certificate in Study and Career Preparation Level 3 (Health Pathway).

If English is not your first language, you must also have achieved:

- IELTS 6.5 in all subtests

## How do I apply to study the New Zealand Diploma in Enrolled Nursing?

- Submit an application (online)
- Provide the 'Additional Requirements' form (available on the website), which includes providing two completed 'Referee Report' forms to be filled in by your referees
- Provide a personal statement (details on the website)

## If I'm selected for the New Zealand Diploma in Enrolled Nursing programme, what else do I need to do before I start?

- Complete a First Aid Certificate (8 hours minimum)
- Undergo a Police check (undertaken by Ara)
- Complete a health questionnaire and visit your doctor



### What does a Registered Nurse do?

Registered nurses provide nursing care to people with various medical conditions. They administer medication, monitor patient recovery and progress, and educate patients and their families on disease prevention and post-hospital treatment.

Registered nurses attend to patients at the time of diagnosis and during the recuperation or recovery phases. They explain reports to patients, conduct medical tests and interpret results. Nurses work very closely with doctors and therefore play a major role in the co-ordination and planning of a patient's care. They also communicate with family members and provide emotional support when necessary.



### Tell me about the Bachelor of Nursing programme

This is a full-time, Level 7 degree qualification that takes three years to complete. It includes between 1100 and 1500 hours of clinical practice in a variety of health settings. It commences in February and July each year and applications close 30 April (for the July intake) and 30 September (for the February intake). Please note: Timaru intake is February only.

#### The theory components covered by the programme include:

- Cultural safety
- Māori health
- Bioscience, social and behaviour science
- Health systems and policy
- Nursing assessments and clinical practice decision making
- Therapeutic communication skills
- Pharmacology
- Pathophysiology, genetics and disease states
- Treaty of Waitangi
- Health promotion
- Ethics and law
- Research and evidence-based practice
- Organisational structure and leadership
- Information technology

#### You'll also undertake clinical practice in these areas:

- Continuing care (year one)
- Mental health (year two)
- Medical - surgical (year two)
- Family, whānau and community (year three)
- Transition to Registered Nurse practice (year three)

### What are the academic entry criteria for the Bachelor of Nursing for school leavers?

You must have achieved:

- University Entrance: NCEA Level 3 (60 credits at Level 3) which must include 14 credits at Level 3 in:
  - English OR an approved literacy subject
  - Biology OR physical education OR chemistry
  - One other subject from the list of approved subjects

AND

- Numeracy – 14 credits at Level 1 or above

OR

You must have achieved the New Zealand Certificate in Study and Career Preparation Level 4 (Health pathway)

If English is not your first language, you must have evidence of a recent English language assessment.

### What are the academic entry criteria for the Bachelor of Nursing for mature students?

If you don't have the necessary academic requirements, you need to complete the pre-entry course offered by Ara.

Recent successful study at tertiary level will be considered on an individual basis as evidence of meeting the entry criteria.

Qualifications in related subjects and work and life experience are also taken into account.

### What are the personal entry requirements for the Bachelor of Nursing programme?

It's essential that you are:

- able to relate well to others
- able to apply yourself to study and work
- in good health (and you meet the requirements of the HPCA Act)



## What is the selection process Bachelor of Nursing programme?

As there are more applicants than there are places, we need to apply a selection process. This process has four steps.

### Processing of applications

This involves checking that each application is completed fully and academic criteria are met.

### Selection

This involves assessing each applicant's educational qualifications, personal qualities and evidence of life experience.

### Ranking of applicants

Once an applicant is deemed to have met the entry criteria, ranking is based on their personal statements and referee reports, with preference given to those who demonstrate they can meet the requirements of the Nursing Council of New Zealand, such as possessing suitable attributes for the profession. Applicants who aren't initially accepted but who meet entry criteria are waitlisted in order of ranking.

### Applicants offered places

This involves offering places to successful applicants (either with or without conditions) and referring unsuccessful applicants to our health pathway programme, with a view to applying again.

### How do I apply to study the Bachelor of Nursing programme?

- Submit an application (online)
- Provide the 'Additional Requirements' form (available on the website), which includes providing two completed 'Referee Report' forms, to be filled in by your referees
- Provide a personal statement (details on the website)

### If I'm selected for the Bachelor of Nursing programme, what else do I need to do before I start?

- Complete a First Aid Certificate (8 hours minimum)
- Undergo a Police check (undertaken by Ara)
- Complete a health questionnaire and visit your doctor

## What does it cost to study a diploma or degree in nursing at Ara?

### New Zealand Diploma in Enrolled Nursing (Year 1) domestic fees:

\$7,728 (2022 fees)

### Bachelor of Nursing (Year 1) domestic fees:

\$7,728 (2022 fees)

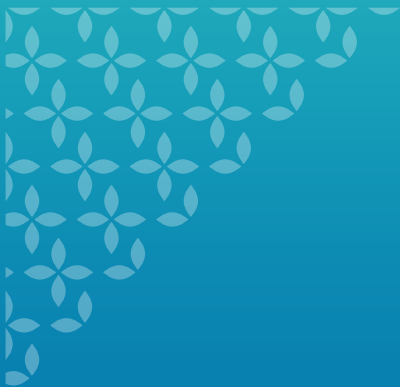
Other expenses will include: purchasing Clinical Key (approx. \$314 (Enrolled Nursing) or \$517 (Bachelor of Nursing)) which gives access to online textbooks at a very reduced price compared to hard copies; textbooks (approx. \$800 in Year 1), uniforms and travel, indemnity insurance, stationery, any health-related vaccinations and any other health requirements e.g. MRSA test, printing.

### What is required to practice as a Registered Nurse once I complete my qualification?

You'll need:

- A New Zealand Nursing Council Annual Practicing Certificate, which requires ongoing professional development and nursing in clinical practice
- To meet legislative requirements including the HPCA Act (2003)





[ara.ac.nz/nursing](https://ara.ac.nz/nursing)  
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